


SKILLS PROGRAMME DOCUMENT						
Skills Programme Title		Handicraft Sewer				
NQF Level	1	Credits	57	Duration in days	72 Days	
Skills Programme ID Number		SP-210404				
Skills Programme Status	Approved			Start Date	End Date	
				16/04/2021	16/04/2026	
Last date for enrolment		16/04/2027	Last date for achievement		16/04/2030	

SKILLS PROGRAMME DETAILS

Title	Handicraft Sewer
Sub Title	Clothing – Handicraft Sewer
NQF Level	1
Credits	57
Duration	72 days
Quality Assuring Body	Quality Council for Trades and Occupations (QCTO)
Skills Rationale	<p>The Handicraft Sewer Skills Program has been identified to address the training needs of the unemployed and vulnerable groups, non-levy paying cooperatives, NGOs, religious and community structures through strategic partnerships and innovative project delivery. The Handicraft Sewer skills program will expand the skills base and contribute to the development of entrepreneurs in South Africa.</p> <p>Typical learners include both male and female learners where the age profile ranges from adolescent to aged. They typically have little or no sewing knowledge, experience and skill. These learners typically wish to develop sewing skills so that they may earn an income in the informal sector, home-based cottage industry, incubation hubs and development initiatives sponsored by religious organisations.</p> <p>The Handicraft Sewer skills program will also contribute significantly to the building of small businesses and cooperatives, and rural development and most importantly, job creation. The final garments and household articles/products could also serve to boost exports as part of the Arts and Craft trade. During the skills program development process, the South African Apparel Association and the South African Quilters' Regional Guilds were consulted.</p> <p>Qualified learners will have acquired a range of competencies to select materials and sewing notions according to the nature and purpose of the final article, and to sew and assemble basic garments and household articles using domestic sewing machines as well as hand stitching. The learners will have a thorough understanding of training or commercial patterns and have selected materials and sewing notions accordingly. The learners will have interpreted the pattern instructions for</p>

	the construction, assembly and finishing of handcraft sewn garments and household articles / products.	
Related registered skills programme/s	National Certificate: Craft Production, NQF Level 2,	
Purpose	<p>The purpose of this skills program is to prepare a learner to operate as a Handcraft Sewer.</p> <p>A Handcraft Sewer uses commercial or training patterns and applies hand or machine sewing techniques to produce basic garments and household articles or products. A qualified learner will be able to:</p> <ul style="list-style-type: none"> • Select and prepare patterns, materials, machines and work area for sewing garments and household articles; • Cut and construct garments and household articles using hand and machine sewing techniques; <p>Present finished sewn garments and household articles/products to customers.</p>	
Content	<p><u>Knowledge Modules</u></p> <ol style="list-style-type: none"> 1. Choice of sewing patterns 2. Choice of fabrics and notions 3. Sewing area, machines, equipment and tools 4. Sewing techniques, garment construction and assembly 5. Presenting finished products to customers 6. Personal and business finances, ethics and time management for the self-employed 	<p><u>Practical Skills Modules</u></p> <ol style="list-style-type: none"> 1. Select and prepare materials, equipment and work area for sewing garments and household articles / products 2. Cut and construct sewn garments and household articles/products 3. Present finished sewn garments and household articles / products to customers 4. Managing basic personal and self-employed business finances
Minimum entry requirements	Open entry subject to ability to read and communicate	
Exit Level Outcomes	Exit Level Outcome 1	

	<p>Prepare workplace using fabrics, patterns, notions, customer specifications, trims and cutting tools to achieve a well-constructed product</p> <p>Exit Level Outcome 2</p> <p>Select and prepare the workplace, sewing machines and overlockers using tools, attachments, guides, needles and threads to achieve a functionally operational machine</p> <p>Exit Level Outcome 3</p> <p>Lay, cut and mark selected fabric and trims using appropriate tools to prepare for construction of garments and household articles/products</p> <p>Exit Level Outcome 4</p> <p>Construct garments and household articles/products using basic hand and machine sewing techniques to produce sewn garments or household articles/products</p> <p>Exit Outcome 5</p> <p>Finish the sewn garments and household articles/products with suitable trims and correct ironing and pressing techniques.</p>
<p>Assessment</p>	<p>a) <u>Continuous Assessment</u></p> <p>This type of assessment requires a practical demonstration by the learner to assess applied competence and successful completion of learning in the skills programme.</p> <p>It includes both work integrated learning assessment and summative assessment.</p> <ul style="list-style-type: none"> • The envelope of a commercial pattern is identified and described • Pattern terminology is correctly explained • The workplace for cutting is prepared • Correct materials and tools are selected according to the specification • Correct trims and tools are selected according to cutting requirements • Fabric is laid according to cutting requirements

	<ul style="list-style-type: none">• Correct pattern pieces are placed and secured on fabric according to cutting specifications to achieve optimum fabric utilisation• Garment parts and notches are accurately cut according to pattern specifications• Garment parts are bundled ready for sewing• Workplace is prepared for sewing machines• Sewing machine is prepared and machine-setup is completed to achieve the required stitch and quality as per requirements• Safety measures are followed when using a sewing machine• Garment parts are laid out according to appropriate method and quality standards• Garment parts are sewn together according to instructions• Machine faults are identified and corrected according to specifications• Garment is finished according to specific requirements and quality standards• Quality faults are neatly repaired according to specifications• Garment to be correctly packed according to customer requirements <p><u>Oral Assessment</u></p> <p>Preparation, cutting, sewing and finishing activities, including the use of materials and tools are explained.</p> <ul style="list-style-type: none">• Basic Machine parts are explained• The functions of the basic tools required in making a garment are explained• Machine attachments are explained• Cutting methods according to specifications are explained• Shapes of garments parts are identified.• Basic quality points required for a garment are identified and the correction of faults are explained• Basic fabric behaviour is explained• Threads, trims, fusibles and needles and their use are explained
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	<p>b) Supervised Assessment</p> <p>The following practical tasks are demonstrated for correct application:</p> <ul style="list-style-type: none"> • Prepare the workplace using fabrics, patterns, notions, customer specifications, trims and cutting tools to achieve a well-constructed product. • Select and prepare the workplace, sewing machines and over-lockers using tools, attachments, guides, needles and threads to achieve a functionally operational machine • Lay, cut and mark selected fabric and trims using appropriate tools to prepare for the construction of garments and household articles and products. • Construct garments and household articles/products using basic hand and machine sewing techniques to produce sewn garments or household articles/products • Finish the sewn garments and household articles/products with suitable trims and correct ironing and pressing techniques. <p><u>Written Test</u></p> <ul style="list-style-type: none"> • Draw up personal budget • Prepare a business plan • Costing of two different garment or household products • Application of ethics in the work place • Management of time in the workplace
<p>Recognition of Prior Learning (RPL)</p>	<ul style="list-style-type: none"> • Learners will gain access to the skills programme through RPL for Access as provided for in the QCTO RPL Policy. RPL for access is conducted by an accredited institution, skills development provider or workplace accredited to offer that specific skills programme. • Learners who have already acquired competencies of modules of a skills programme will be exempted from

	<p>modules through RPL. Such learners will be awarded credits towards the skills programme.</p> <ul style="list-style-type: none"> Learners who complete this skills programme will accumulate credits towards the relevant full or part qualification. The Credit Accumulation and Transfer (CAT) Policy shall apply to these learners
<p>Work Opportunities/further learning</p>	<p>Non-levy paying cooperatives, NGOs, community and religious structures through strategic partnerships and innovative project delivery.</p> <p>The skills programme also supports national initiatives to promote cooperatives and small business development and opportunities in handmade footwear products in all towns, cities, tourist venues and export opportunities.</p>
<p>Skills Development Provider Accreditation Requirements</p>	<p><i>Human Resource Requirements:</i></p> <ul style="list-style-type: none"> Qualified and accredited facilitator with a minimum of Handicraft Sewer skills program at NQF 2 or higher, or Qualified in sewing and garment construction at NQF Level 2 or higher, for example: Grade 10 (Std.8) or Grade 12 school leaver's certificate with Consumer Studies Sewing module or Needlework or Clothing manufacturing industry sample machinist. Facilitator/ learner ratio = 1:20 <p><i>Physical Requirements:</i></p> <ul style="list-style-type: none"> The provider must have a work site with sewing machines and over-lockers, machine parts, attachments and accessories, ironing and pressing equipment, marking and cutting tools, consumables, fabric, patterns and notions, internal practical assessment tools and training manual specified in the learner resource guide. <p><i>Legal Requirements:</i></p> <ul style="list-style-type: none"> Valid OHS clearance certificate issued by an accredited independent OHS practitioner or company. A current and valid SARS Tax Clearance Certificate Compliance with OHS Legislation and Regulations

	<ul style="list-style-type: none">• Compliance with Skills Development Act and Regulations <p>d) <i>Safety Requirements</i></p> <ul style="list-style-type: none">• PPE Protective Clothing and Equipment• Compliance with risk adjustment policies including COVID-19 Protocols
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